


afterschool snack menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Sep1 - Sep2				Ultimate Breakfast Cinnamon Round 1% or Nonfat White Milk	Crunchy Granola with Lowfat Yogurt 100% Orange Juice
Sep6-Sep9	LABOR DAY	"Get Up & Go Bar" made with Oat, Dried Fruit and Sunflower Seeds 100% Orange Juice	Lowfat Yogurt Parfait with Strawberries & Blueberries	Mini Bagel with Cream Cheese Fresh Banana	Mexican Studded Bean Dip with Broccoli Trees 1% or Nonfat White Milk
Sep12-Sep16	Fresh Orange Smiles 1% or Nonfat White Milk	Homemade Apple Cinnamon Muffin 1% or Nonfat White Milk	Mozzarella String Cheese Fresh Apple Wedges	Cinnamon Apple Yogurt Smoothie Graham Crackers	Crunchy Granola with Lowfat Yogurt 100% Orange Juice
Sep19-Sep23	Mini Bagel with Cream Cheese Fresh Banana 1% or Nonfat White Milk	Southwest Blackbean Dip with Baby Carrots 100% Orange Juice	Homemade Raisin Spice Muffin 1% or Nonfat White Milk	Chili Lime Jicama, Carrot and Celery Sticks Seasonal Fresh Fruit	Fresh Apple Wedges Graham Crackers
Sep26-Sep30	Mozzarella String Cheese Fresh Grapes	Bruschetta Bean Dip with Celery Sticks 1% or Nonfat White Milk	Lowfat Yogurt Parfait with Peaches and Granola	Crumbly Peach Cobbler Coffee Cake 1% or Nonfat White Milk	PD Day